OVERTON PUBLIC SCHOOL P.O. Box 310, 401 7th St. Overton, NE 68863-0310



Mark A. Aten, Superintendent Brian Fleischman, Principal Calli McCoy, Counselor Clint Little, Activities Director

Phone (308) 987-2424

Fax (308) 987-2349

www.overtoneagles.org

Greetings from the Principal's Office

As we approach springtime, please remember to watch the weather forecast. Spring weather can become very volatile. Thank you for ensuring your children are sent to school dressed appropriately for the weather.

Congratulations to Kien Martin on qualifying for the State WR Tournament. Good luck at the State Tournament.

Congratulations to the Girls and Boys basketball teams on their success this season. It has been very exciting to watch both teams play this year. Good luck in the post season.

Upcoming Events:

February 14th-16th: State WR @ Omaha February 19th & 21st: BBB Sub-Districts @ Holdrege February 20th: FKC Speech @ Elm Creek February 20th: JHBB @ Pleasanton 12:30PM February 21st: Pre-School Field Trip February 22rd: GBB District Finals TBD February 23rd: BBB District Finals TBD February 24th: Spring Music Showcase at 2PM February 26th: Spelling Bee for Grades 3-8 at 1PM February 26th: Spelling Bee for Grades 3-8 at 1PM February 26th: Spelling Bee ØL incoln March 7th – 9th: State BBB @ Lincoln March 11th: Speech Districts @ Loup City March 14th: Spring Sports Pictures March 15th: No School (Teacher In-Service) March 16th: PeeWee WR Tourney at 10AM

<u>School Happenings</u>: It is that time of year again for testing. You might notice on the calendar that on March 18th, the NSCAS (state testing) window opens. NSCAS replaced NeSA last year as our statewide assessment. This is the statewide assessment that all students grades 3-8 will be taking. The following subject areas are tested: Reading, Math, and Science. The Juniors will be taking the ACT on April 2nd as part of the statewide ACT testing for all Juniors. Student performance is vital on these assessments as we are compared with all other schools and students across the State. Please ensure that your students are well prepared during these testing periods with a good nights rest and balanced breakfast. The teachers have done a wonderful job providing our students with the information necessary to be successful on these assessments. Thank you for giving your best effort on the assessments.

Educationally yours,

Mr. Brian Fleischman, Principal 308-987-2424 x206 brian.fleischman@overtoneagles.org

Overton FCCLA Competes at District STAR

Overton FCCLA hosted the District 10 STAR competition on January 23rd, 2019 at Overton Public Schools. There were 90 students competing from seven schools including Brady, Callaway, Cozad, Maxwell, Mullen, Thedford and Overton. Overton FCCLA had ten members compete and all ten qualified for the State STAR competition in April.

Qualifying for state were:

- Jaycee Wallace- Hometown Heroes Chapter Service Project Portfolio
- Megan Zulkoski- Social Worker Career Investigation project
- Calli Weston- Family Reading Night Focus on Children project
- Samantha Sarratt- Blankets for Hope, National Programs in Action
- Rebecca Zeleski- Illustrated Talk on Motorcycle Safety
- Hannah Smith-Interpersonal Communications project "Breaking the Language Barrier"
- Abby Lawton- Random Acts of Kindness National Programs in Action project
- Angel Brummet- Family Challenges and Issues presentation on child abuse
- Jada Araujo and Alexz Rodriguez- Illustrated Talk presentation on Human Trafficking



Abby



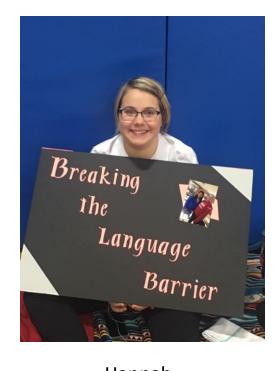


Alexz & Jada

Samantha



Rebecca

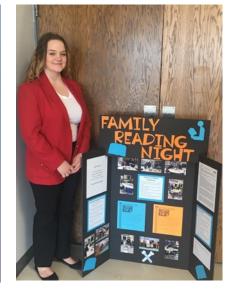


Hannah









Megan

Calli



Naily Learning Planner

Ideas parents can use to help children do well in school

Title 1 Cooperative Educational Service Unit #10



March 2019

- 1. Consider giving your child an allowance. Help her create a budget that includes spending, saving and donating.
- 2. Have your child help you make a family chore chart. Everyone can check off jobs as they are finished.
- 3. Encourage your child to write a letter to a lawmaker about an issue that matters to him.
- 4. Play Alphabet Mixup. Choose a word and put the letters in alphabetical order. Can your child figure out the word?
- 5. Find pictures of people in the newspaper. Ask your child to make up a story about each picture.
- 6. Talk about a familiar place with your child. Decide which direction it is from your home—north, south, east or west.
- 7. Come up with unique pizza toppings with your child. Who can think up the tastiest combination?
- 8. Have your child choose a news story and report on it at dinner.
- 9. Plan a later bedtime so everyone can read in bed tonight.
- 10. Remind your child that you enjoy her company and you love her.
- 11. Give your child ads with prices ending in 98 or 99 cents. How much would four of the items cost? Have him round off and estimate.
- 12. Read a poem aloud. Stop to let your child guess what the next rhyming word will be.
- 13. Write an encouraging note and tuck it in your child's jacket pocket or a school book.
- 14. Let your child see you reading. Then say, "Reading is so much fun!"
- 15. At dinner, pretend your family is in an opera. Sing everything you say to one another.

Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 16. With your child, set a timer for five minutes. Then, each of you start writing a story. When the timer rings, switch stories and finish them.
- 17. Pay your child a sincere, specific compliment.
- 18. Review math facts with your child.
- 19. Give your child a book or article to read about her favorite hobby.
- 20. Ask your child to design and name a new car.
- 21. At dinner, have family members share their favorite part of the day.
- 22. Talk with your child about the importance of telling an adult when a person is being bullied.
- 23. Help your child put on a talent show with his friends.
- 24. Ask your child to write to a friend or relative today.
- 25. Encourage your child to start a collection. Provide a place to keep it.
- 26. Have your child draw a picture of a scene from a book by a living author. Send it to the author in care of the book's publisher.
- 27. Together, think of several words that start with the same letter. Put them in a sentence that makes sense.
- 28. Encourage your child to take risks as long as they don't affect safety.
- 29. With your child, think of words that sound like what they mean, such as bazz, smash, hiss and thamp. These are examples of onomatoporia.
- 30. Visit the library. Help your child find a book about a famous woman.
- 31. How many words can your child think of to describe today's weather?



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Preschool Registration

It is time for preschool registration for the 2019-2020 school year. If a Child turns either 3 or 4 by July 31st, they are able to come to preschool for the following year.

The dates for registration are March 20-22nd

Wednesday and Thursday from 9:00-11:30 am 4 1-2 pm

Friday from 9:00-11:30 am

with Mr.Fleischman in the office. Do not wait to secure your <u>spot</u> as space is limited. Please do not hesitate to talk to preschool staff with any questions you may have. If these times do not work, Call or come in to the office to get the needed information.

Thank you for making education a priority in your child's life.

Yearbook

We are still in the process of selling yearbooks for the 18-19 school year. Prices are \$30 with a name on the cover and \$27 without a name on the cover. Also, Senior Parents, if you are interested in purchasing a Senior Tribute for your student, we are selling them for \$25 and you can put a picture as well as a baby picture on the advertisement. Please make the tribute only a paragraph to maximum of two paragraphs due to the limited space. Contact Mr. Gilson to purchase the senior tribute. Email Mr. Gilson the pictures to tory.gilson@overtoneagles.org and please make them in jpeg format.

11 Self Esteem Facts Everyone Should Read

- Low self-esteem is a thinking disorder in which an individual views him/herself as inadequate, unlovable, and/or incompetent. Once formed, this negative view permeates every thought, producing faulty assumptions and ongoing self-defeating behavior.
- 2. Among high school students, 44% of girls and 15% of guys are attempting to lose weight.
- 3. Over 70% of girls age 15 to 17 avoid normal daily activities, such as attending school, when they feel bad about their looks.
- 4. More than 40% of boys in middle school and high school regularly exercise with the goal of increasing muscle mass.
- 5. 75% of girls with low self-esteem reported engaging in negative activities like cutting, bullying, smoking, drinking, or disordered eating.
- 6. About 20% of teens will experience depression before they reach adulthood.
- 7. Teen girls that have a negative view of themselves are 4 times more likely to take part in activities with boys that they've ended up regretting later.
- 8. The top wish among all teen girls is for their parents to communicate better with them. This includes frequent and more open conversations.
- 9. 38% of boys in middle school and high school reported using protein supplements.
- 10. 7 in 10 girls believe that they are not good enough or don't measure up in some way, including their looks, performance in school and relationships with friends and family members.
- 11. A girl's self-esteem is more strongly related to how she views her own body shape and body weight, than how much she actually weighs.

Seniors and Senior Parents:

-Apply to Colleges! Deadlines to apply are soon/past!

-File your FAFSA!

-Complete Scholarships!

-Prepare for Graduation!

Juniors and Junior Parents, ACT:

Junior will be taking the ACT this spring through the school in place of their required state standard test. More information is to come.

College Visits:

Colleges offer many group tours throughout the spring and summer. Check out the website and admissions page of the college you are interested in to find out about tours they are offering. Some colleges even offer \$500 or \$1,000 off of your tuition if you attend a college tour day!

In March I plan on focusing on making our school a No Place for Hate. I will incorporate a few programs such as Starts with Hello, Taking a Stand, Say Something, and Know the Signs. I will discuss all the ways hate can be seen and expressed in our world and how we can make little changes to have huge impacts! I look forward to another great month! --Mrs. McCoy

Parents Encouraging Parents (PEP) Conference

March 15 - March 16, 2019

Younes Conference Center | 416 W Talmadge Rd. | Kearney, NE

PEP brings together parents of children with disabilities in an accepting and confidential environment. You'll have the opportunity to share your ideas and feelings, and discuss common concerns. Sessions also include further information on parenting and educating children with disabilities, as well as how to develop and maintain effective partnerships with the professionals who work with your family.

Conference Details

No Registration fee

Registration is first come, first serve

Lodging will be provided Friday, March 15

Continental breakfast provided by the hotel

Lunch provided both days of the conference

Who Should Attend?

All Nebraskan Parents, who are raising a child with an active IFSP/IEP.

Couples: both partners are encouraged to attend the conference together for maximum benefit. Single parents are encouraged to bring a support-person.

A small number of openings are reserved for education professionals who serve children with disabilities and are employed in Nebraska school districts. Professionals will experience PEP from a parent perspective.

Schedule

March 15 | 8 A.M. to 4 P.M. Transition/Early Childhood and School Age

IEPs

Good Grief

Small Groups

March 16 | 8 A.M. to 3 P.M.

Assistive Technology Partnership

Building Positive Behavior Management Estate Planning

Encouraging and Empowering Our Kids to Self-Advocacy



What Parents and Education Professionals Say About PEP

"After coming, I understand the importance for parents to come together because they are so busy 'just handling' things. They need to regroup and get'on the same page. This has started a movement in us to better our relationship like nothing ever has. Thankyou."

"I learned a lot of great information. I feel relieved and empowered and know I am not alone."

"I was able to take my professional hat off and listen to what parents with a child with a disability go through from the day they learn about the disability."

Register at bit.ly/2S9L716 by February 22, 2019

No internet access? Call us at (308) 632-1338

Feel free to pass this flyer along to parents and education professionals who may benefit from attending.

Sponsored by Nebraska Department of Education Office of Special Education. This brochure was funded with Federal funds, Part B, IDEA, grant number H027A170079 with the State of Nebraska.

MINUTES OF THE OVERTON PUBLIC SCHOOL BOARD OF EDUCATION REGULAR MEETING February 11, 2019 7:30 p.m.

Board President called the meeting to order. Members Present:

Lassen Luther Meier Rudeen Walahoski

Notification: The February 11, 2019 meeting of the Overton Public School Board of Education was posted at the Overton Public School, on the Overton Public School web site, Beacon Observer, Post Office, and the Security First Bank.

Open Meetings Information: To be in compliance with LB 898, The Nebraska Open Meetings Act, Board President informed the public that a copy of the Open Meetings Law is posted near the LMC check-out counter.

Administration Present: Mark Aten, Superintendent and Brian Fleischman, Principal

Guests Present: Seth Ehlers, Angie Ehlers, Shannon Jeffries and Jordyn Jeffries

Public Comments: None

Reports: Seth Ehlers reported on the school green house and the Overton Community Foundation donation.

Communications: None

Other: Board voted to excuse the absence of board member Brennan. Motion 5-0-1. Yes (5) Lassen, Luther, Meier, Rudeen and Walahoski. No (0). Absent (1) Brennan.

Action Items:

- Agenda Moved by Meier, seconded by Walahoski to approve the agenda of the February 11, 2019 regular monthly board meeting as presented. Motion 5-0-1. Yes (5) Lassen, Luther, Meier, Rudeen and Walahoski. No (0). Absent (1) Brennan.
- Minutes Moved by Luther, seconded by Lassen to approve the January 11, 2019 regular board minutes as presented. Motion 5-0-1. Yes (5) Lassen, Luther, Meier, Rudeen and Walahoski. No (0). Absent (1) Brennan.
- Claims Moved by Luther, seconded by Walahoski to pay the February General Fund bills in the amount of \$51,987.36. Motion 5-0-1. Yes (5) Lassen, Luther, Meier, Rudeen and Walahoski. No (0). Absent (1) Brennan.
- Moved by Meier, seconded by Lassen to approve the contract with the ESU 10 for Special Education Supervision, Psychology Services, Physical and Occupational Therapy and Audiology. Motion 5-0-1. Yes (5) Lassen, Luther, Meier, Rudeen and Walahoski. No (0). Absent (1) Brennan.

- Moved by Luther, seconded by Walahoski to approve the contract for the Principal. Motion 5-0-1. Yes (5) Lassen, Luther, Meier, Rudeen and Walahoski. No (0). Absent (1) Brennan.
- Moved by Walahoski, seconded by Luther to designate Security First Bank of Overton and the FirsTier Bank of Elm Creek as the depository for all district funds. Motion 5-0-1. Yes (5) Lassen, Luther, Meier, Rudeen and Walahoski. No (0). Absent (1) Brennan.
- Moved by Luther, seconded by Walahoski to adjourn at 9:00 p.m. Motion 5-0-1. Yes (5) Lassen, Luther, Meier, Rudeen and Walahoski. No (0). Absent (1) Brennan.

Board Reports and Discussion Topics:

1. Board Reports:

- a. Upcoming Meetings: NASB 2019 Calendar
- b. Transportation:

Bus Repairs Report

- 2. Discussion Topics:
 - a. March Board Meeting scheduled for Monday, March 11, 2019 beginning at 7:30 p.m.
 - b. Extra-Curricular Activities
 - c. Projects
 - d. 2019-2020 FTE and Class Offerings and Schedule

Administrative Reports:

Principal's Report:

- 1. School Calendar Update
- 2. School Enrollment Update
- 3. Option Students Update
- 4. P/T Conference Report

Superintendent's Report:

- 1. Enrollment Option Report
- 2. Option Enrollment-

a.	Out -	. a.
b.	In -	a.
		b.
		C.
c.	Change of S	Status a.

- 3. Financial Update
- 4. Budget Review
- 5. Projects Update
- 6. State Aid Model & Option Enrollment Change
- 7. Formula Student Update



March 2019

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 State GBB @ Lincoln.	2 State GBB @ Lincoln.
3	4 FCA 7AM. Student Council mtg. @ lunch. FCCLA mtg. 6:30PM.	5 Assembly grades 3-12 10AM. FFA Officer mtg. @ lunch. FFA CDE practice 4- 7PM. ABC/PTO mtg. 7PM. TE 204 students 12:30- 2:30PM.	6 Jazz band 7:15AM. NAEP assessment 4th grade and 8th grade make-up.	7 State BBB @ Lincoln.	8 Apr. ACT reg. deadline. State BBB @ Lincoln. End of 3Q (44 days).	9 State BBB @ Lincoln.
10 Daylight Savings Time begins.	11 FCA 7AM. Speech Districts @ Loup City. BB All-Conf. @ Elm Creek. Music Booster mtg. 6PM. School board mtg. 7:30PM	12 FFA CDE practice 4-6:30PM.	13 Jazz band 7:15AM. Day 2 FFA District CDE @ Broken Bow. Athletic booster mtg. 7PM.	14 Spring sports pictures 10AM.	15 NO SCHOOL — Teacher In- service. ABC/PTO mother/son Nerf Dart tournament 6-8PM.	16 PeeWee WR Tournament 10AM. ABC/PTO father/ daughter dance 6-8PM.
17	18 FCA 7AM. FKC Academic Bowl @ Elwood. NSCAS window opens.	19 FFA officer mtg. @ lunch.	20 Jazz band 7:15AM. FKC Music Contest @ Loomis. Pre-K registration 9-11:30, 1-2PM.	21 State Speech. Pre-K registration 9-11:30, 1-2PM. GO Quad @ Overton 4PM.	22 State speech. Pre-K registration 9-11:30'AM.	23 TR @ <u>Wilcox</u> - Hildreth 10AM.
24	25 FCA 7AM.	26 TR @ Cozad 4:30PM.	27 Jazz band 7:15AM. GO @ Cambridge 10AM.	28	29 TR @ Pleasanton (Ravenna) 8:45AM.	30 MS Basketball Tournament.
31					1	

March 2019

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
Milk served each meal. Milk & fruit					1 Egg, sausage & cheese tornado.	2
served each PK meal.					Chicken quesadilla, shredded lettuce, cottage cheese, salsa, peaches, mandarin oranges.	
3	4	5	6	7	8	9
ALT MEAL: Corn dogs	Breakfast pizza. Pulled pork	Glazed donuts & sausage.	Breakfast on a stick.	Combos & cereal bars.	Yogurt & cheese stuffed pretzel.	
	sandwich, fries, green beans, mixed berries, pears.	Cheeseburger, chips, pickles, corn, grapes, oranges.	Scrambled eggs, hash browns, french toast, strawberries, bananas	Taco in a bag, shredded lettuce, diced tomatoes, cucumbers, peaches, mixed fruit.	Cheese pizza, salad mix, cottage cheese, broccoli, applesauce, jello.	
10	11	12	13	14	15	16
ALT MEAL: Peanut butter & jelly sandwich	Griddle sandwich. Chicken fried steak, mashed potatoes & gravy, corn, oranges, peaches, dinner roll.	Banana muffin & ham. Crispitos & cheese, shredded lettuce, yogurt, refried beans, grapes, blueberry crisp.	Donut holes & sausage. Pizza burgers, fries, broccoli & cheese, cottage cheese, pineapple, pears.	Breakfast pizza. Pigs in a blanket, chips, coleslaw, baked beans, mandarin oranges, jello.	NO SCHOOL.	
17	18	19	20	21	22	23
ALT MEAL: Cheesy garlic bread	Breakfast cookie & eggs.	French toast & ham.	Biscuits & gravy. Taco bar,	Little smokies & funnel cakes.	Cinnamon Little Johns & omelet.	
	Hot beef sandwich, mashed potatoes & gravy, peas, pineapple.	Chicken stir fry, jello, cottage cheese, mandarin oranges, cereal bar.	shredded lettuce, seasoned rice, fries, baked apple, peaches.	Spaghetti & meat sauce, salad mix, relish, fruit cocktail, pears.	Potato soup, cheesy breadsticks, relish tray, jello, oranges.	
24	25	26	27	28	29	30
ALT MEAL: Chicken patty sandwich	Egg, sausage & cheese tornado.	Cinnamon roll & ham.	Breakfast wrap. Super nachos,	Breakfast on a stick.	Yogurt parfait & cereal bar.	
5414 991011	Chicken & noodles, mashed potatoes, green beans, applesauce, mandarin oranges, dinner roll.	Cheeseburger, fries, peas, baked apples, pears.	shredded lettuce, corn, refried beans, jello blueberry crisp.	Chicken stir fry, cottage cheese, pineapple, bananas.	Fish sandwich, chips, shredded lettuce, pickles, baby carrots, yogurt, s strawberries, pineapple.	
31						
ALT MEAL: Corn dogs						